

Lunch Selections

Selection I

Baked Breast of Chicken with Rainbow Pepper Topping

Served on hot pasta

Vegetable Medley

Garden Salad

Served with Waters homemade dressing

Fresh Rolls and Butter

Lemon Meringue Pie

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

Selection II

Chicken Salad with White Grapes

Potato Salad

Zesty Marinated Vegetables

Fresh Rolls and Butter

Green Salad

Served with Waters homemade dressing

Cheesecake with Cherry, Strawberry, or Kiwi Topping

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

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Lunch Selections

Selection III

Chicken Tetrizzini

Served with a variety of fresh vegetables

Garden Salad

Served with Waters homemade dressing

Homemade Rolls and Butter

Peach Short Cake

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

Selection IV

Baked Breast of Chicken in Herbed Mushroom Sauce

Boiled Red Potatoes

Fresh String Beans

Garden Salad

Served with Waters homemade dressing

Fresh Rolls and Butter

Coconut Cake

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

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Lunch Selections

Selection V

Baked Cornish Hen with Apricot Sauce

Wild Rice

Steamed Vegetable Medley

Garden Salad

Served with Waters homemade dressing

Fresh Rolls and Butter

Apple Cobbler

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

Selection VI

Fried Chicken Parts

Barbecued Spare Ribs

Macaroni and Cheese and Mashed Sweet Potatoes

Collard Greens

Garden Salad

Served with Waters homemade dressing

Apple Cobbler

Fresh Rolls and Butter

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

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Lunch Selections

Selection VII

Breast of Chicken Strips and Broccoli

Rice Pilaf

Garden Salad

Served with Waters homemade dressing

Fresh Rolls and Butter

Chocolate Cake

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

Selection VIII

Oven Barbecued Chicken Parts

Macaroni and Cheese

Fresh String Beans

Garden Salad

Served with Waters homemade dressing

Fresh Rolls with Butter

Peach Cobbler

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

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Lunch Selections

Selection IX

Honey Baked Turkey Breast

Homemade Bread Stuffing seasoned with herbs

Light Gravy Sauce

Candied Sweet Potatoes

Green Peas and Pearl Onions seasoned with Dill

Garden Salad

Served with Waters homemade dressing

Fresh Rolls with Butter

German Chocolate Cake

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

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Lunch Selections

Selection X

Chicken a la King

Rice Pilaf

Steamed Broccoli

Garden Salad

Served with Waters homemade dressing

Fresh Rolls with Butter

Crushed Pineapple Cake

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

Selection XI

Beef and Broccoli seasoned with herbs

Rice Pilaf

Garden Salad

Served with Waters homemade dressing

Homemade Rolls with Butter

Apple Pie

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

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Lunch Selections

Selection XII

Cape Fear Jumbo Lump Crab Cakes
Served with homemade tartar sauce

Scalloped Potatoes

Vegetable Medley

Garden Salad
Served with Waters homemade dressing

Homemade Rolls and Butter

Lemon Cake

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

Selection XIII

Baked Fillet of Flounder Stuffed with Crab Meat

Shirred Mushroom Rice

Okra, Butter Beans, Tomatoes

Garden Salad
Served with Waters homemade dressing

Homemade Rolls and Butter

Lemon Meringue Pie

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

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Lunch Selections

Selection XIV

Seafood Newburg

Rice Pilaf

Steamed Broccoli with Lemon Butter Sauce

Garden Salad

Served with Waters homemade dressing

Homemade Rolls and Butter

Vanilla Cake

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

Selection XV

Poached Salmon Steaks

Boiled Red Bliss Potatoes and Onions

Asparagus

Garden Salad

Served with Waters homemade dressing

Homemade Rolls and Butter

Fresh Fruit Cup

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

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Lunch Selections

Selection XVI

Seafood Salad: Lump Crab Meat, Scallops, Shrimp, Pasta Shells

Marinated Vegetables

Deviled Eggs

Garden Salad

Served with Waters homemade dressing

International Crackers, Wafers, Biscuits

Lemon Fruit Gelatin Mold

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

Selection XVII

Veal Scaloppini

Sweet Potato Gratin

Honey Glazed Carrots

Garden Salad

Served with Waters homemade dressing

Cheese Cake with Kiwi Topping

Homemade Rolls with Butter

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

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Lunch Selections

Selection XVIII

Lasagna

Filled with cheese and ground beef

Chef's Salad: Broccoli, Cauliflower, Red and Green Peppers, Onions

Served with Waters homemade dressing

Garlic Bread

Baked Apples or Pears

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

Selection IXX

Broiled Lamb Chops marinated in a garlic sauce

Mashed Potatoes

Steamed Broccoli

Garden Salad

Served with Waters homemade dressing

Lemon Cake

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

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Lunch Selections

Selection XX

Spaghetti with Italian Sausages, Ground Beef Balls, and Pepper Tomato Sauce

served over Whole-Wheat Noodles seasoned with Mixed Herbs

Chef's Salad: Broccoli, Cauliflower, Red and Green Peppers, Onions

Garlic Bread

Peach Short Cake

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

Selection XXI

Homemade Vegetable Soup

Turkey Breast Sandwich on whole-wheat bread

Served with light mayonnaise, lettuce and tomato

Chef's Garden Salad: Broccoli, Cauliflower, Red and Green Peppers, Onions

Fresh Fruit Cut

Iced Tea - Spring Water - Coffee - Hot Tea - Fruit Drink

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Lunch Selections

Selection XXII

Crab Imperial

Breast of Chicken with Wine and Mushroom Sauce

Rice Pilaf

Steamed Broccoli with Lemon Butter Sauce

Spring Raw Vegetable Salad
Served with House Dressing

Homemade Rolls with Butter

Fresh Strawberry Short Cake

Iced Tea - Coffee

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Lunch Selections

Selection XXIII

Beef Burgundy and Sliced Turkey (6 oz)

Steamed Wild Rice (4 oz)

Steamed Broccoli with Lemon Butter Sauce (4 oz)

Tossed Salad with French and Italian Dressing (4 oz)

Hot Rolls and Butter (2 ea.)

Fresh Cut Fruits (4 oz)

Iced Tea with Sugar and Lemon (8 oz)

Bottle of Water (8 oz)

Regular Coffee (8 oz)

Cream, Sugar, Sweet and Low

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Lunch Selections

Selection XXIV

Chicken Tetrazzini and Virginia Ham (6 oz)

Candied Sweet Potatoes (4 oz)

Natural Asparagus (4 oz)

Tossed Salad with Oil Dressing (4 oz)

Hot Rolls and Butter Chips (2 ea)

Coconut Cake (4 oz)

Iced Tea with Sugar and Lemon (8 oz)

Bottle of Water (8 oz)

Regular Coffee (8 oz)

Cream, Sugar, Sweet and Low

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Lunch Selections

Selelction XXV

Baked Fillet of Whiting with Diced Tomatoes and Cheese (6 oz)

Mashed and Buttered White Potatoes (4 oz)

Mixed Greens in Cider (4 oz)

Tossed Salad with Thousand Island Dressing (4 oz)

Chocolate Cake (4 oz)

Hot Rolls and Butter (2 ea)

Iced Tea with Sugar and Lemon (8 oz)

Bottle of Water (8 oz)

Regular Coffee (8 oz)

Cream, Sugar, Sweet and Low

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Lunch Selections

Selection XXV

Fried Rice and Shrimp and Sliced Breast of Chicken (6 oz)

Okra, Corn, and Tomato Mélange (4 oz)

Tossed Salad, Feta Cheese, and Oil Dressing (4 oz)

Garlic and Butter Bread (4 oz)

Lemon Pie (4 oz)

Iced Tea with Sugar and Lemon (8 oz)

Bottle of Water (8 oz)

Regular Coffee (8 oz)

Cream, Sugar, Sweet and Low

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Lunch Selections

Selection XXVII

Barbecued Spared Ribs (6 oz)

Oven Fried Chicken Parts (6 oz)

Potato Salad (4 oz)

Cole Slaw (4 oz)

Macaroni and Cheese (4 oz)

Corn Bread Muffins-Buttered (2 ea)

Tossed Salad with Blue Cheese Dressing (4 oz)

Banana Pudding (4 oz)

Assorted Can Sodas (Pepsi, Coke, Orange, Sprite- 8 oz each)

Bottle of Water (8 oz)

Regular Coffee (8 oz)

Cream, Sugar, Sweet and Low

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Lunch Selections

Selection XXVIII

Brisket of Beef

Streamed White Rice

Green Beans

Chef's Salad

Fresh Rolls with Butter Chips

Pineapple Up-Side-Down Cake

Fresh Cut Fruits

Selection XXIX

Roast Capon (sliced)

Bread Dressing

Candied Sweet Potatoes

Mixed Greens

Chef's Salad

Fresh Rolls - Butter Chips

Fresh Cut Fruits (mixed)

German Chocolate Cake

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Lunch Selections

Selection XXX

Roast Leg of Lamb
AU Gratin Potatoes and Carrots
Chef's Salad
Fresh Rolls - Butter Chips
Fresh Cut Fruits (mixed)
Coconut Cake

Selection XXXI

Seafood Newberg
Shrimp, Lump Crab Meat, Scallops
Steamed White Rice (as bed for the Newberg)
Vegetable Medley
Several steamed veggies
Chef's Salad
Fresh Rolls - Butter Chips
Fresh Cut Fruits (mixed)
Lemon Cake

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Lunch Selections

Selection XXXII

Apple Pork Loin

Steamed Brown Rice

Sugar Peas

Chef's Salad

Fresh Rolls - Butter Chips

Fresh Cut Fruits (mixed)

Pound Cake

Selection XXXIII

Tuscan Chicken

Fettuccine with Brown Butter and Sage

Asparagus with Lemon and Butter

Chef's Salad

Fresh Rolls - Butter Chips

Fresh Cut Fruits (mixed)

Lemon Meringue Pie

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Lunch Selections

Selection XXXIV

Prime Rib of Beef with AU Jus
Creamed Potatoes with Fresh Peas
Honey Glazed Carrots
Chef's Salad
Fresh Rolls - Butter Chips
Fresh Cut Fruits (mixed)
Apple Pie

Selection XXXV

Roast Turkey
Herbed Rice Dressing
Sweet Potato - Broccoli Pudding
Chef's Salad
Fresh Rolls - Butter Chips
Fresh Cut Fruits (mixed)
Cheese Cake with Cherry Topping

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Lunch Selections

Selection XXXVI

Crab Imperial

Macaroni and Cheese

Squash, Zucchini, and Carrots with Ginger

Chef's Salad

Fresh Rolls - Butter Chips

Fresh Cut Fruits (mixed)

Orange Cake

Selection XXXVII

Baked Leg Quarters of Chicken served with light gravy

Irish Potatoes - Mashed with Butter

Creamed Spinach

Raw Veggie Salad

Fresh Rolls

Fresh Fruit Salad

Lemon Cake

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Lunch Selections

Selection XXXVIII

Shrimp Scampi served over Linguini

Steamed Vegetable Stew

Raw Veggie Salad

Fresh Rolls

Fresh Fruit Salad

Cheese Cake

Selection XXXII

Roast Beef of Tenderloin with AU Jus

Oven Browned Potatoes

Broccoli with Lemon Butter Sauce

Raw Veggie Salad

Fresh Rolls

Fresh Fruit Salad

Apple Pie

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Lunch Selections

Boxed Lunch Selections

Selection I

*Sandwich: Corned beef on Rye
with mustard and Dill pickle*

Tossed Salad Italian Dressing

Potato Chips

Whole Apple

Regular Pepsi and Water

Selection II

*Honey Baked Ham and Swiss on Whole Wheat
Served with mayo, lettuce, tomato slices, and Dill pickle*

Tossed Salad with French Dressing

Potato Chips

Whole Orange

Regular Coke and Water

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Lunch Selections

Selection III

*Chicken Salad on White Bread
with dill pickle*

Tossed Salad with Thousand Island Dressing

Potato Chips

Whole Banana

Regular Ginger Ale and Water

Selection IV

*Tuna Salad in Croissant Roll
with dill pickle*

Tossed salad with Vinegar Dressing

Potato Chips

Whole Pear

Regular Pepsi and Water

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Lunch Selections

Selection V

*Avocado and Cream Cheese in Wrap Bread
with dill pickle*

Tossed salad with Vinegar Dressing

Potato Chips

Whole Plum

Regular Coke and Water

Selection VI

Meunster: Sliced Cheese, Lettuce, Tomato slices in Wrap Bread

Tossed salad with Vinegar Dressing

Potato Chips

Whole Peach

Regular Ginger Ale and Water

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Lunch Selections

Selection VII

Sliced Roast Turkey Breast on White Bread
Served with slices of tomato, lettuce and dill pickle

Tossed Salad with Italian Dressing

Potato Chips

Whole Nectarine

Regular Pepsi and Water

Selection VIII

Egg Salad Stuffed in Pita Bread
with dill pickle

Tossed Salad with French Dressing

Potato Chips

Whole Apple

Regular Coke and Water

**25 of each sandwich will be Prepared **

Condiments: Mustard, Mayonnaise, Horseradish Cream Sauce

** Disposables: Napkins, Forks, Knives, Cups, Salt and Pepper Packets, and Ice**

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Lunch Selections

Build your own Sandwich Selection I

*Meat Platter consisting of: Pastrami, Corned Beef,
Breast of Turkey, Honey Baked Ham, Roast Beef*

Salad Platter: Chicken, Tuna, Egg

*Cheese Platter Consisting of: American, Provolone,
Swiss, Colby Jack, Cheddar*

*Relish Platter Consisting of: Sliced Tomatoes,
Lettuce Leafs, Sliced Pickles, Sliced Onions*

Side Dishes: Mayo, Mustard, Horseradish, Olive Oil

*Bread Patter Consisting of: Wheat, Rye, Pumpernickel,
Oatmeal, Kaiser-White*

Raw Vegetable Salad with Dressings as side dishes

*Bowl of fresh cut fruits: Strawberry, Pineapple,
Honeydew, Watermelon, Cantaloupe, Kiwi, Blueberry*

A tray of individual small Bags of potato chips

A tray of cookies: oatmeal and chocolate chip

*Cold 12 Oz deinks of a cooler: Sprite, Coke (diet and regular),
Pepsi (diet and regular), 8 Oz. bottles of water.*

*Also included: Buffet Skirting and Top Cloth,
Small Plates and Bowls, Napkins, Knives, Forks, Cups.*

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Lunch Selections

Build Your Own Sandwich Selection II

Breads Platter

Meats Platter

Cheese Platter Condiments Platter

Bowles of Potato Chips

Raw Veggie Salad

Fresh Fruits Salad

Freshly Baked Brownies and Cookies

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